



# MEDICAL MUTUAL®

## **2018 Standard Plus Preventive Medications List (Generics and Brands)**

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health. Consumer-directed health (CDH) plans, such as qualified high-deductible health plans with a Health Savings Account, that include coverage of preventive medications can help support the goal of ongoing good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all-inclusive list; only examples of drugs in each category are listed. This list also does not guarantee coverage of a particular drug or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification (ID) card.

## **ASTHMA/COPD**

ACCOLATE (zafirlukast)  
ADVAIR DISKUS  
ADVAIR HFA  
AEROSPAN  
AIRDUO RESPICLICK  
albuterol  
ANORO ELLIPTA  
ARCAPTA NEOHALER  
ARMONAIRE RESPLCLICK  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BROVANA  
budesonide  
CINQAIR  
COMBIVENT RESPIMAT  
cromolyn oral inhalation  
DALIRESP  
DULERA  
DUONEB (ipratropium/albuterol)  
FLOVENT DISKUS  
FLOVENT HFA  
FORADIL  
INCRUSE ELLIPTA  
inhaler assistive devices  
ipratropium oral inhalation  
metaproterenol  
montelukast  
nebulizers  
NUCALA  
PROAIR HFA  
PROAIR RESPICLICK  
QVAR  
SEEBRI NEOHALER  
SEREVENT DISKUS  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
STRIVERDI RESPIMAT  
SYMBICORT  
terbutaline  
THEO-24, THEOCRON (theophylline)  
TUDORZA PRESSAIR  
UTIBRON NEOHALER  
VENTOLIN HFA  
XOLAIR  
zileuton ER

## **BONE DISEASE AND FRACTURES**

ACTONEL, ATELVIA (risedronate)  
BONIVA (ibandronate)  
DUAVEE  
EVISTA (raloxifene)  
FOSAMAX, FOSAMAX D, BINOSTO (alendronate)  
RECLAST (zoledronic acid)

## **CAVITIES**

CLINPRO  
GEL-KAM  
PHOS-FLUR  
PREVIDENT  
sodium fluoride rinse, gel, cream, paste, tabs, drops  
stannous fluoride rinse and gel

## **COLONOSCOPY PREPARATION\***

COLYTE, GOLYTELY, NULYTELY (polyethylene glycol)  
MOVIPREP  
OSMOPREP  
PREPOPIK  
SUPREP

## **DIABETES**

### **INSULINS**

AFREZZA  
BASAGLAR  
HUMALOG  
HUMULIN  
LANTUS SOLOSTAR  
LEVEMIR  
TOUJEO SOLOSTAR  
TRESIBA

### **INSULIN/GLP-I RECEPTOR AGONIST COMBINATIONS**

SOLIQUA  
XULTOPHY

### **NON-INSULIN MEDICINES**

ACTOS (pioglitazone)  
ACTOPLUS MET, DUETACT, OSENI (pioglitazone combinations)  
AMARYL (glimepiride)  
AVANDIA  
AVANDAMET  
BYETTA  
BYDUREON  
chlorpropamide  
CYCLOSET  
dextrose  
FARXIGA  
GLUCOPHAGE (metformin)

GLUCOTROL XL (glipizide)  
glipizide/metformin  
GLUCOVANCE (glyburide/metformin)  
GLYNASE (glyburide)  
GLYSET (miglitol)  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUVIA  
JANUMET  
JANUMET XR  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
lancets  
needles  
PRANDIN (repaglinide)  
PRECOSE (acarbose)  
STARLIX (nateglinide)  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR  
syringes  
test strips  
TRADJENTA  
TRULICITY  
XIGDUO XR

## **HEART DISEASE AND STROKE**

### **BLOODTHINNER MEDICINES**

aspirin, 81mg or 325mg\*  
AGGRENOX (aspirin-dipyridamole ER)  
BRILINTA  
clopidogrel  
COUMADIN (warfarin)  
DURLAZA ER  
EFFIENT  
ELIQUIS  
PERSANTINE (dipyridamole)  
PRADAXA  
SAVAYSA  
ticlopidine  
XARELTO  
ZONTIVITY

## **CHOLESTEROL-LOWERING MEDICINES**

### **HMG-COA REDUCTASE INHIBITORS\***

ALTOPREV  
CRESTOR (rosuvastatin)  
LESCOL (fluvastatin)  
LIPITOR (atorvastatin)  
LIVALO  
lovastatin  
PRAVACHOL (pravastatin)  
ZOCOR (simvastatin)

## **OTHER AGENTS**

COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
LOPID (gemfibrozil)  
NIASPAN (niacin)  
PREVALITE, QUESTRAN (cholestyramine)  
REPATHA  
TRICOR, ANTARA (fenofibrate)  
TRILIPIX (fenofibric acid)  
WELCHOL

## **HIGH BLOOD PRESSURE**

### **ACE INHIBITORS**

ACCUPRIL (quinapril)  
ACEON (perindopril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
MAVIK (trandolapril)  
moexipril  
PRINIVIL, ZESTRIL (lisinopril)  
VASOTEC (enalapril)

### **ACE INHIBITORS/DIURETIC COMBINATIONS**

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT (benazepril/HCTZ)  
moexipril/HCTZ  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

### **ANGIOTENSIN II RECEPTOR ANTAGONISTS**

AVAPRO (irbesartan)  
candesartan  
COZAAR (losartan)  
DIOVAN (valsartan)  
EDARBI  
MICARDIS (telmisartan)  
olmesartan

### **ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS**

AVALIDE (irbesartan/HCTZ)  
candesartan/HCTZ  
DIOVAN HCT (valsartan/HCTZ)  
EDARBYCLOR  
HYZAAR (losartan/HCTZ)  
MICARDIS HCT (telmisartan/HCTZ)  
olmesartan/HCTZ

## **BETA BLOCKERS**

acebutolol  
betaxolol  
BYSTOLIC  
CORGARD (nadolol)  
INNOPRAN XL (propranolol)  
TENORMIN (atenolol)  
TOPROL XL, LOPRESSOR (metoprolol)  
ZEBETA (bisoprolol)

## **BETA BLOCKERS/DIURETIC COMBINATIONS**

CORZIDE (nadolol/bendroflumethiazide)  
LOPRESSOR HCT (metoprolol/HCTZ)  
propranolol/HCTZ  
TENORETIC (atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

## **CALCIUM CHANNEL BLOCKERS**

ADALAT CC, PROCARDIA XL (nifedipine)  
CALAN, VERELAN (verapamil)  
CARDENE (nicardipine)  
CARDIZEM LA, TIAZAC (diltiazem)  
felodipine ER  
isradapine  
NORVASC (amlodipine)  
SULAR ER (nisoldipine)

## **DIURETICS**

chlorothiazide  
chlorthalidone  
hydrochlorothiazide  
indapamide  
metolazone

## **OTHER HIGH BLOOD PRESSURE MEDICINE COMBINATIONS**

amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
BYVALSON  
CADUET (amlodipine/atorvastatin)  
EXFORGE (amlodipine/valsartan)  
EXFORGE HCT (amlodipine/valsartan/HCTZ)  
LOTREL (amlodipine/benazepril)  
PRESTALIA  
TARKA (trandolapril/verapamil)  
TWYNSTA (amlodipine/telmisartan)

## **RESPIRATORY SYNCYTIAL VIRUS**

SYNAGIS

## **MALARIA**

chloroquine  
mefloquine  
PRIMAQUINE  
MALARONE (atovaquone/proguanil)

## **OBESITY**<sup>†</sup>

ADIPEX-P (phentermine)  
BELVIQ  
BELVIQ XR  
CONTRAVE  
diethylpropion  
REGIMEX (benzphetamine)  
LOMAIRA  
phendimetrazine  
SAXENDA  
XENICAL

## **SMOKING CESSATION\***

CHANTIX  
NICOTROL  
NICODERM CQ  
nicotine gum, lozenges and patches  
ZYBAN (bupropion SR 150mg)

## **IMMUNIZATIONS\***

Anthrax, BCG, Cholera, Diphtheria, Haemophilus Influenzae B, Hepatitis A And B, Human Papillomavirus, Influenza, Japanese Encephalitis, Measles, Meningococcal, Mumps, Pertussis, Pneumococcal, Poliovirus, Rabies, Rotavirus, Rubella, Tetanus, Typhoid, Varicella, Yellow Fever, Zoster

## **VITAMINS OR MINERALS**

folic acid\*  
prenatal vitamins  
pediatric multivitamins with fluoride\*

<sup>†</sup>Obesity medications are not covered by all plans. Please check your certificate or other benefit information for more coverage information.

\*Please note that some of these medications are also subject to the Affordable Care Act and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at [MedMutual.com/member](http://MedMutual.com/member) and click Benefits & Coverage, then Prescription Drug Benefits.**

Please note: Brand names are shown in ALL CAPITALS in each category. If a generic is available, it is listed in lower-case letters with the brand name.

All rights in the product names of all third-party products appearing here, whether appearing with the trademark symbol, belong exclusively to their respective owners.